

Specialist in Health & Safety training

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First Aid at Work - Refresher



As First Aid at Work certificates are only valid for three years, all students will need to carry out a refresher course. This will include re-testing and understanding before a new certificate can be issued

The re-testing/assessment must be completed within 28 days of the current expiry date, as shown on the current FAW certificate. If the certificate has expired beyond the 28 day period, it will be necessary for candidates to complete a full 4-day First Aid course.

Course Outline



A minimum 12-hour programme for individuals re qualify for this recognised HSE approved qualification in First Aid.

As of Oct 2009 the HSE strongly advise that annual refresher training (minimum of 3 hours) should be conducted for all trained personal. Have you completed your annual training !

2 day course covering

- Responsibilities of the First Aider
- Action in an Emergency
- Primary/Secondary Assessment
- Resuscitation
- Airway Obstruction/Breathing Difficulties
- Wounds and Bleeding
- Burns and Scalds
- Poisoning
- Disorders of Consciousness
- Bones, Joints and Muscle Injuries
- New protocols
- Formal Assessment



Course outcome

After successfully completing the 2 day refresher course a new FAW certification will be issued. Validated for 3 years.

To enquire about these and other courses contact HACS today

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